

### Support you will receive as an Ally:

- In-depth training, peer support and resource brainstorming
- Being part of a community committed to lifting each other up and working together
- Support from past Circle Leaders to provide context and different perspectives from their own lived experiences.
- Bridging Forward Staff and Resource Teams, to answer questions and provide guidance wherever needed

### What the Circle Leaders will appreciate:

- Meeting someone new who is also just like they are; anxious about building new relationships, trying out something challenging, being a little nervous.
- Working with someone who will stick it out! Saying 'yes' to being an Ally means you will be there through thick and thin for one year
- Being with someone who can introduce themselves as who they are, not just what they do
- Working with someone who can be themselves and come as they are to the meetings, just as the Circle Leaders do
- Teaming with someone who is willing to be interested and learn

### Non-Negotiables for being an Ally:

- Confidentiality– what is shared in your Circle stays in your Circle. If your Circle Leader gives permission, you are free to share it with others. This would typically be for gathering more information, identifying resources, or sharing inspirational victories.
- No proselytizing–all participants are to be respected, as are their beliefs about faith. Conversations of faith should be non-judgmental and pressure-free. Under no circumstances should assistance be withheld for reasons of faith.

ATTEND AN  
INFORMATION  
SESSION TO FIND  
OUT MORE!

JULY 30TH  
AUGUST 10TH,  
15TH OR 24TH -  
ALL TIMES 7-8PM

Don't see a time that works for you? Contact us!

Go to:

<https://bit.ly/AllyInfoSession>  
or Scan QR Code to Register  
for an Information Session:



### QUESTIONS?

FOR MORE INFORMATION  
CONTACT BRADY@

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CHECK OUT

[WWW.BRIDGINGFORWARD.ORG](http://WWW.BRIDGINGFORWARD.ORG)!